

# 2022 ROCK CLIMBING TRIP - EQUIPMENT LIST

Name: \_\_\_\_\_

## Group Gear provided by Outdoor Education

_____ Tent	_____ Food
_____ Equipment Repair Kit	_____ Water
_____ Group First Aid Kit	_____ Water Purification
_____ Tarp	_____ Cleaning Supplies
_____ Stove	_____ Fuel Bottles
_____ Cooking Pot/lid	_____ Frying pan
_____ Pot Gripper	_____

## Climbing Gear provided by Skaha Rock Adventures

_____ Harness/belay device	_____
_____ Rock Climbing Shoes	_____
_____ Helmet	_____
_____	_____

## Trip Clothing and Accessories. (Choose synthetic or wool clothing.)

_____ Duffle bag (to carry all your stuff)	_____ School backpack (for the bus trip and outings)
_____ Sleeping Bag (0°c)	_____ Bathing suit
_____ Foamie/sleeping pad	_____ Towel
_____ Pillow	_____ Shorts (1)
_____ Rain jacket	_____ Pants or tights/leggings (1) (synthetic)
_____ Rain pants (optional but recommended)	_____ Long underwear bottoms (thin)
_____ Toque	_____ Underwear (3)
_____ Gloves or mitts	_____ Long underwear top (2)
_____ Sun Hat/Baseball cap	_____ Fleece jacket
_____ Extra Shoes (Crocs, runners, etc.)	_____ T-shirt (2) (synthetic)
_____ Hiking shoes (optional)	_____ Socks (3)
_____	_____
_____ Cup, Bowl, Spoon	_____ Pocket knife (Optional)
_____ Headlamp and spare batteries	_____ Lighter/Matches
_____ Nalgene (1 L water bottle)	_____ Garbage bags (2)
_____ Sunglasses	_____ Workbook/Journal/Pencil/Pen
_____ Playing cards (Uno...)	_____ Sunscreen/lip balm
_____ Toothbrush/toothpaste	_____ Toiletries
_____	_____

\*\*\* No electronics, phones, devices... The guides have emergency communication devices with them and can communicate with the school if needed\*\*\*